

BREAKFAST MENU

8.00am – 12.30pm

Morning Toast **(v)(h)** €3.50

Choice of brown soda bread, Cuthbert's white or brown bread served with Irish butter & homemade preserve's (GF also available)

Breakfast Bar **(v)(h)** €3.50

Pumpkin seeds, apricot, raisins and coconut

Traditional Organic Irish Oatmeal Porridge **(h)(v)** €6.00

Served with mixed berry compote & Irish honey. Can be made with dairy free milk alternatives coconut, almond, oat, rice & soya

Greek Yoghurt with Fresh Fruit Energy Bowl **(v)** €6.50

With house fruit salad, flax seeds and crunchy granola

French Toast €10.00

Brioche, coated in free range Irish eggs & pan fried until golden. Served with crispy West Cork bacon & organic maple syrup

Breakfast Bun €10.00

Sausage, bacon, hash brown, fried egg, tomato relish and a side of baked beans

Free Range Poached Eggs Your Way

Served on toasted sourdough bread with hollandaise sauce
Benedict with sliced ham

Florentine with wilted baby spinach **(v)** €11.50

Royale with oak smoked salmon €13.00

Green, White and Gold – add Spinach **(h)(v)** €11.50

Super Food Omelette **(h)** €11.50

Egg white, kale, avocados

(h) Healthy Option

(v) Vegetarian

(gf) Contains no flour in the recipe, but flour is used in the kitchen

Please ask your server for our list of allergens

Breakfast Omelette **(h)** €10.50

Made with free range Irish eggs, with a choice of the following fillings: Kelleher's ham, sautéed mushrooms, tomatoes, Irish cheddar or onions

Scrambled Eggs **(v)** €8.00

Free range Irish eggs with grilled stem cherry tomatoes.

~ Add smoked salmon €3.00

~ Add West Cork bacon €3.00

Old Bank Townhouse Full Irish Breakfast €11.90

Two slices of West Cork bacon, organic Irish pork sausage, Clonakilty black & white pudding, grilled tomato, roasted field mushroom, free range Irish egg, hash browns, baked beans, Cuthberts toast

Our Famous Pancakes **(v)** (2 pieces) €7.50

Served with fresh fruit of your choice

- sliced banana, blueberry, strawberry, raspberry or have them plain, served with organic maple syrup

SIDE DISHES

West Cork Bacon €3.00

Organic Irish Pork Sausages €2.20

Avocado €2.20

Hash Browns €2.20

Baked Beans €2.20

Roasted Mushrooms €2.20

Grilled Tomatoes €2.20

Smoked Salmon €3.00



COFFEES

	Reg	Large
Americano	€3.20	€3.60
Cappuccino	€3.50	€3.90
White Coffee	€3.50	€3.90
Latte	€3.50	€3.90
Cappuccino	€3.50	€3.90
Flat White	€3.50	€3.90
Espresso	€3.10	
Double Espresso	€3.40	
Macchiato	€3.50	€3.80
Cortado	€3.50	
Mocha	€4.20	€4.60
Hot Chocolate	€3.70	€4.20
Belgian hot Chocolate	€4.40	€4.70
White Dark Milk Ruby <i>Served with whipped cream, chocolate shavings</i>		
Extra Shot of Coffee	€0.90	
Flavoured Syrup <i>Vanilla, Sugar free Vanilla, Hazelnut, Sugar free Hazelnut, Caramel or Salted Caramel</i>	€0.90	
Babychino	€2.40	
Mini Hot Chocolate	€2.70	

SPECIAL COFFEES

Black Iced Coffee	€3.20
Latte/White Coffee	€3.70
Iced Chai Latte <i>Spiced or Vanilla</i>	€3.70



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SPECIALITY COFFEES

Reg Large
€3.70 €4.20

Spiced Chai Latte
*One scoop of chai powder,
milk of preferred choice*

Vanilla Chai Latte
*One scoop of chai powder,
milk of preferred choice*

Turmeric Spice Chai Latte
*One scoop of chai powder, 1/4 teaspoon of
turmeric powder, milk of preferred choice*

Vanilla Matcha Latte
*One scoop of matcha powder,
milk of preferred choice*

TEAS

Tea	€2.70
Herbal Tea <i>Early Grey, Lemon Ginger, Red Berry, Peppermint, Camomile, Green Tea</i>	€3.40

COLD DRINKS

San Pellegrino	€3.50
Coke / Diet Coke	€3.50
7up / Diet 7 up	€3.50
Water Still / Sparkling	€3.50
Pink Lemonade	€3.50
Freshly Squeezed Orange Juice	€5.50

SMOOTHIES

Pink Panther <i>Raspberry, strawberry, yoghurt, cranberry</i>	€5.60
All The Goodness <i>Strawberry, mango, banana, orange juice</i>	€5.60