

BRUNCH

(Served 12.15-3.30pm)

Old Bank House Breakfast Sandwich €6.50

Cuthbert's rustic white bread toasted, grilled West Cork bacon, organic Irish pork sausage & tomato relish
(Add a free range Irish egg €1.50)

Our Famous Pancakes (V) (1-€5.50) (2-€6.50) (3-€7.50)

Served with fresh fruit of your choice - sliced banana, blueberry, strawberry, raspberry or have them plain, served with organic maple syrup

Mexican Eggs €9.00

2 free range fried eggs, bacon lardons, red kidney beans and tomato salsa served on toasted tortilla
(Add Avocado €2.00)

Free Range Poached Eggs Your Way

served on toasted Sourdough bread with hollandaise sauce

- **Benedict** - with West Cork bacon €9.00
- **Florentine** - with wilted baby spinach €9.00
- **Royale** - with Jamie's Smoked Salmon €10.00

French Toast €8.50

Cuthbert's white bread, coated in free range Irish eggs & pan fried until golden. Served with crispy West Cork bacon

LUNCH

(Served 12.15-3.30 Monday-Friday and 12.15-4pm on weekends)

Seasonally Inspired Soup Of The Day (GF) €4.90

With daily baked soda bread from our bakery

Old Bank House Seafood Chowder (GF) €7.50

With daily baked soda bread from our bakery

SALADS

Warm Harissa Chicken & Avocado Salad (H) €10.00

With bacon lardons, roasted peppers & onion, avocado, baby mixed leaves, cajun mayonnaise & garnished with shredded crisp tortilla
(Add poached egg €1.50)

Grilled Halloumi Salad (V)(GF) €10.00

With pinenuts, baby spinach, fresh peas, pickled fennel, carrot peel & lemon vinaigrette drizzle with balsamic reduction

Grilled Asparagus & Serrano Ham Salad (GF) €12.00

With tender broccolini, mangetout, watercress, rocket, pickled radishes, shallots, toasted pumpkin seeds & citrus vinaigrette
(Add poached egg €1.50)

Plate of 3 Salads from the Deli €8.00

Served with choice of chicken, ham, cheese or Hummus

See board for daily specials.

Kids options available also -

Just ask our friendly staff for our popular kids menu.

Quiche of the day €8.00

Served with 2 salads from the Deli

HOMEMADE SANDWICHES

All served with Crispy Potato Skins

Why not add cup of soup to your sandwich €2 or chowder €3.50

Sweet Chilli Chicken Wrap (H) €9.50

Glin Valley chicken strips pan fried with sweet chilli sauce & crunchy vegetables, all wrapped up in a floury tortilla
Served as a salad (GF) €10.50

Cork Spiced Beef Sandwich €9.50

Served in a rustic baguette with roasted red peppers, shallots, baby spinach & horseradish mayo

Old Bank House Club Sandwich €10.00

Sliced Glin Valley chicken, West Cork bacon, Hegarty's Irish cheddar, ripe beef tomato & free range Irish eggs on Cuthbert's toasted white bread

Moroccan Falafel in Spinach Wrap (V) €8.50

With gem lettuce, sliced tomato, roasted onion & peppers and Raita sauce

Kinsale Crab & Prawn Bruschetta €12.00

With mango, chilli, coriander & lime mayo topped with watercress, served on toasted crostini

King Prawn Linguine €15.00

With fresh tomatoes, chilli, garlic and white wine sauce, Served with garlic bread

Sandwich of the day €6.50

Served with baby leaf salad

Soup & Sandwich Combo €10.00/€12.00

Freshly prepared sandwich of the day with crispy potato skins and a cup of homemade soup or cup of our seafood chowder
With soup €10.00 or with chowder €12

SIDE DISHES

Homemade Hummus €5.50

Served with sesame & chia seeds bread sticks

Sea Salt Crispy Potato Skins €3.00

With spicy chipotle sauce

Daily Baked Soda Bread €2.50

From our bakery with Irish butter

Side salad from the Deli €3.00 each

All sandwiches available on gluten free bread

We hope you enjoy your experience with us.

DESSERTS

With so much to choose from we recommend you take a look at our cake display to choose from our delicious range of homemade pastries & cakes made to order from our bakery.

(H) Healthy Option (V) Vegetarian

(GF) Contains no flour in the recipe, but flour is used in the kitchen

Please ask your server for our list of allergens

*Make sure to try our
Glenown Farm Ice Cream*



HOT BEVERAGES

	<i>Reg</i>	<i>Large</i>
Americano	€2.50	€3.00
Cappuccino	€2.90	€3.40
Caffé Latte	€2.90	€3.40
Flat White	€3.00	
Espresso	€2.50	€3.00
Macchiato	€2.80	€3.30
Cortado	€2.90	
Hot Chocolate	€3.00	€3.50
Mocha	€3.10	€3.60
Tea	€2.30	
Herbal Tea	€3.00	
Glass of hot water	€1.50	
Glass of hot water with lemon	€1.70	
Extra shot of coffee	0.50	
Flavoured syrups	0.50	
- caramel, vanilla, hazelnut, cinnamon		

Dairy free milk alternatives available
- Coconut, Almond or Soya

SMOOTHIES €5.00

Pink Panther: Raspberries, Strawberries, Cranberry Juice, Probiotic Yogurt & Honey

Kinsale Crush: Strawberries, Banana, Irish Honey, Ginger, Coconut Water & Apple

Green Power: spinach, pineapple, banana, mint, lemon juice & coconut water

Mango Shake: mango, passion fruit & probiotic Greek style natural yoghurt

FRESH JUICES €5.00

Pure OJ

Summer Breeze: Watermelon, Strawberries, Mint, Lime & Coconut Water

Immune Boost: Cucumber, Parsley, Spinach, Apple, Lemon & Kale

Ginger Detox: Carrots, Apple, Ginger, Lemon

Sunshine: Orange, Apple, Lime & Mint

SOFT DRINKS €3.00

Coke, Diet Coke, Club Orange, Club Lemon, 7up, Diet 7up, Mineral Water

KIDS DRINKS

Babycino	€2.00
Chocolate Babycino	€2.50
Kids Smoothies	€3.00
- Banana, Strawberry, Yogurt & Honey	
- Pineapple, Melon & Orange Juice	
Kids Fresh Orange Juice	€3.00
Milk	€1.50

The OLD BANK House

Café • Boutique Bakery • Accommodation

MENU



A member of The Blue Haven Collection

Follow us on:    

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