

## HOT BEVERAGES

	<i>Reg</i>	<i>Large</i>
Americano	€2.50	€3.00
Cappuccino	€2.90	€3.40
Caffé Latte	€2.90	€3.40
Flat White	€2.80	
Espresso	€2.40	€2.90
Macchiato	€2.70	€3.20
Cortado	€2.70	
Hot Chocolate	€2.90	€3.40
Mocha	€3.00	€3.50
Tea	€2.30	
Herbal Tea	€2.90	
Hot Water & Lemon	€1.70	
Extra shot of coffee	0.50	
Flavoured syrups	0.50	
- caramel, vanilla, hazelnut, cinnamon		

## SMOOTHIES €5.00

**Pink Panther:** Raspberries, Strawberries, Cranberry Juice, Probiotic Yogurt & Honey

**Kinsale Crush:** Strawberries, Banana, Irish Honey, Ginger, Coconut Water & Apple

**Green Almond:** Almond Milk, Banana, Pineapple, Avocado & Spinach

**Berry Glow:** Blueberries, Banana, Chai Seeds & Coconut Water

## JUICES €4.50

**Pure OJ**

**Energise & Cleanse:** Carrot, Beetroot, Ginger, Lemon & Orange

**Immune Boost:** Cucumber, Parsley, Spinach, Apple, Lemon & Kale

**Ginger Detox:** Carrots, Apple, Ginger, Lemon

**Sunshine:** Orange, Apple, Lime & Mint

## SOFT DRINKS €2.80

Coke, Diet Coke, Club Orange, Club Lemon, 7up, Diet 7up, Mineral Water

## KIDS DRINKS

Babycino	€2.00
Chocolate Babycino	€2.50
Kids Smoothies	€3.00
- Banana, Strawberry, Yogurt & Honey	
- Pineapple, Melon & Orange Juice	
Kids Fresh Orange Juice	€3.00
Milk	€1.50



# OLD BANK House

Café • Gourmet Food Store • Accommodation  
• Private Catering

# BREAKFAST MENU

A member of Blue Haven Collection

[www.oldbankhousekinsale.com](http://www.oldbankhousekinsale.com)

## Good Morning... Maidin Mhaith

### MORNING TOAST (V) €2.80

Choice of brown soda bread from our bakery, Cuthbert's bread or gluten free served with Irish butter & homemade preserves

### FRESHLY BAKED SCONE €2.80

With fresh Irish cream, Irish butter & strawberry jam

### FRESHLY BAKED CROISSANT €2.80

Choose from Belgian chocolate, wholemeal or all butter

### TRADITIONAL ORGANIC

### IRISH OATMEAL PORRIDGE (H)(V) €4.90

Finished with mixed berry compote & Irish honey

### AVOCADO ON TOAST €4.80

(Add a poached egg €1.00)  
(Add smoked salmon €2.00)

### OUR FAMOUS PANCAKES (V) (1-€5.00)

Choose from sliced banana, blueberry, strawberry, raspberry or vanilla, finished with Maple Joes syrup (2- €6.00)  
(3-€7.00)

### FRENCH TOAST (V) €5.70

Cuthbert's white bread, coated in free range Irish hens eggs & pan fried until golden, served with fresh blueberries & Maple Joes syrup  
(Add bacon €2.00)

### FRESH FRUIT PLATE

### WITH GREEK YOGHURT (H)(V) €6.50

Pink Grapefruit, Grapes, Melon, Strawberries, Orange, Blueberries, Pecan Nuts & Granola Crumb

### OLD BANK HOUSE BREAKFAST SANDWICH €6.90

Cuthbert's toasted white bread, grilled West Cork bacon, organic Irish pork sausage & tomato relish  
(Add a free range Irish hens egg €1.00)

### SCRAMBLED EGGS (V) €6.90

Free range Irish hens eggs, with grilled tomatoes on toasted Cuthbert's white bread  
(Add Jamie's smoked salmon €2.00)

### EGGS BENEDICT €8.50

Cuthbert's white bread, West Cork bacon, poached free range Irish hens eggs & homemade hollandaise sauce

### EGGS FLORENTINE (V) €8.50

Cuthbert's brown bread, wilted baby spinach, poached free range Irish hens eggs & homemade hollandaise sauce  
(Add Jamie's smoked salmon €2.00)

### OLD BANK HOUSE FULL IRISH BREAKFAST €8.50

Two slices of West Cork bacon, organic Irish pork sausage, Rosscarbery black & white pudding, grilled tomato, roasted field mushroom, free range Irish hens egg, hash browns, baked beans, Cuthbert's toast & Irish butter

### OLD BANK HOUSE MINI BREAKFAST €6.50

Choose 4 items from the classic to create your own

### BREAKFAST OMELETTE €8.50

Made with free range Irish hens eggs, with a choice of the following fillings, Kelleher's ham, sautéed mushrooms, tomatoes, Irish cheddar or onions

### SUPERFOOD THREE

### EGG WHITE OMELETTE (V) (H) (GF) €8.50

Made with free range Irish hens egg whites, with wilted baby spinach, red onion, tender stem broccoli, cottage cheese and toasted crushed hazelnuts

### THE VEGETARIAN (H)(V) €7.90

Free range Irish hens eggs, 2 hash browns, grilled tomatoes, roasted field mushrooms, baked beans & sautéed spinach

### SAVOURY PANCAKES €9.00

With spring onions, Iberico chorizo sausage, mozzarella cheese & sun-dried tomatoes

### SIDE ORDERS ALL €2.00 each

West Cork bacon, organic Irish pork sausages, hash browns, roasted mushrooms, grilled tomatoes, smoked salmon

*We hope you enjoy your Breakfast  
and your experience in Kinsale.*

*Bain taitneamh as do bhricfeasta  
agus Cionn tSáile*

(H) Healthy Option (V) Vegetarian

(GF) Contains no flour in the recipe, but flour is used in the kitchen

Please ask your server for our list of allergens